



AYISAT YUSUF-AROMIRE

Football Coach, Sport Instructor

Ayisat has been a professional football player for over 16 years and has played in several countries in competitions and for longer periods in teams in Finland and Sweden. Ayisat is originally from Nigeria and has lived in Finland permanently since 2007. She works in Monaliiku's project Fit4Life and engages with the participants to commit to their healthy lifestyle and well-being. Ayisat is a board member of the FARE Network.

SPORTS

Football

BEST ACHIEVEMENTS

National team, Nigeria

2008 • Olympics • Beijing

2007 • Senior FIFA World Cup • China

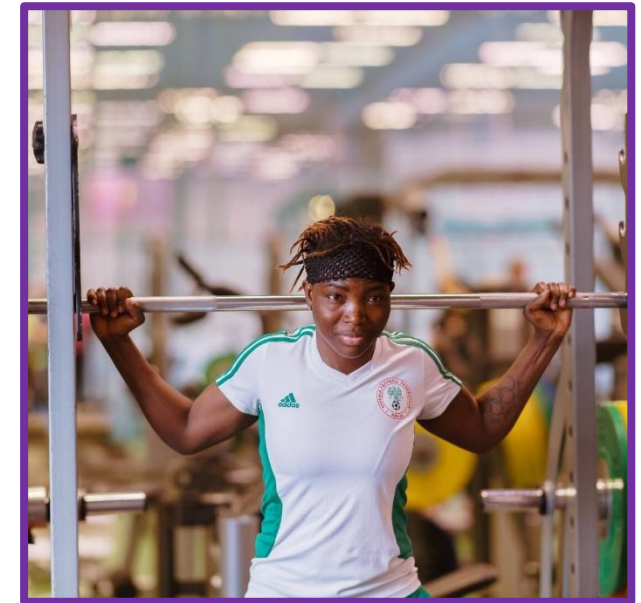
2007 • All African Games • Algeria • Gold

2004 • FIFA U19 World Cup • Thailand

2004 • African Cup of Nations • South Africa • Gold

2003 • All African Games • Nigeria • Gold

2002 • FIFA U19 World Cup • Canada



SPECIAL SKILLS

Ayisat's football skills are tactical and technical, focusing on the right performance technique and staying fit. She is very good in passing the ball accurately and changing the direction of the game. She can teach how to shoot the ball with different techniques and to anticipate the game.

Ayisat is a motivational speaker. She can help clients in keeping a positive mindset, help to stay focused on losing weight, give advice on how to burn fat efficiently and help to keep training consistency, improve self-courage and self-confidence.

WORK EXPERIENCE

SPORT INSTRUCTOR • MONALIIKU • 1/2015-
Instructing sports weekly at Fit4Life groups and coaching Monaliiku's multicultural soccer team for women

COACH • GPS UNITED • 1/2016-
Assistant coach of 17-18-year-old girls

COACH • FC POHU • 11/2014-
Chief coach of 11-12-year-old boys of 30-40 players



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